

# SEPTEMBER 2009

MONDAY

TUESDAY

# RICHLAND COUNTY SCHOOL DISTRICT ONE

WEDNESDAY

THURSDAY

FRIDAY

- Assorted Cereals are offered as an Alternative Meal at Breakfast.
- Salad is offered as an Alternate Meal at Lunch.
- Additional Entrée Choices are available in Middle and High School.
- Assorted 100% Fruit Juices are offered daily at Breakfast and Lunch.

	<p><b>1</b></p> <p>Cinnamon Swirl Bread</p> <p>Creole Steak Mashed Potatoes Green Beans Wheat Rolls Assorted Fresh Fruit</p>	<p><b>2</b></p> <p>Ham Biscuit</p> <p>Fish Nuggets Veggie Sticks/w dressing Oven Roasted Taters Frozen Fruit Fiesta Hushpuppies Assorted Fresh Fruit</p>	<p><b>3</b></p> <p>Whole Grain Apple Roll</p> <p>Beef-a-roni Collard Greens Congealed Salad Wheat Bread Sticks Assorted Fresh Fruit</p>	<p><b>4</b></p> <p>Cream Cheese Sticks</p> <p><b>Manager's Choice</b></p>
<p><b>7</b></p> <p>Labor Day Holiday</p>	<p><b>8</b></p> <p>Breakfast Pizza</p> <p>Creamy Cheese Grits Country Sausage Toast and Jelly Spiced Apples Sliced Tomatoes Fresh Fruit</p>	<p><b>9</b></p> <p>Pancakes</p> <p>Box Lunch Assorted Salad Wheat Croissant Fresh Fruit Salad Fresh Baked Cookie</p>	<p><b>10</b></p> <p>Cheese Toast or Cheese Filled Breadsticks</p> <p>Manager's choice</p>	<p><b>11</b></p> <p>Managers choice</p> <p>Vegetable Soup Grilled Cheese or PBJ Sandwich Frozen Fruit Cup Assorted Fresh Fruit</p>
<p><b>14</b></p> <p>Breakfast Pizza</p> <p>Hamburger w Trimmings Baked Fries Vegetable Medley Assorted Fresh Fruit</p>	<p><b>15</b></p> <p>Pancakes</p> <p>Chicken Nuggets Glazed Carrots Broccoli Salad Yeast Roll Fresh Assorted Fruit</p>	<p><b>16</b></p> <p>Chicken Biscuit</p> <p>Hoagie Pickle Spears Lettuce / tomato Baked tater tots Frozen Fruit Bar Fresh Fruit</p>	<p><b>17</b></p> <p>Yogurt w/Pro Ball</p> <p>Spaghetti w/ Meat Sauce Tossed Salad Applesauce Cinnamon Rolls Fresh Fruit</p>	<p><b>18</b></p> <p>Cinnamon Swirl Bread</p> <p>Hog Dog w/ chili Cole Slaw Seasoned Potatoes Assorted Fresh Fruit</p>
<p><b>21</b></p> <p>Sausage Biscuit</p> <p>Chicken Sandwich on Wheat Bun Seasoned Potatoes Steamed Broccoli Sherbet Cups Fresh Fruit</p>	<p><b>22</b></p> <p>Waffles</p> <p>Baked Ravioliw/Cheese Tossed Spianch Salad Pineapple Fruited Jell-O Garlic Bread Sticks Assorted Fresh Fruit</p>	<p><b>23</b></p> <p>Muffins/Yogurt</p> <p>Nachos w / Taco Meat Salad Mexicali Corn Assorted Fresh Fruit</p>	<p><b>24</b></p> <p>Pancakes</p> <p>Oven Roasted Chicken Seasoned Rice Green Lima Beans Peach Cups Southern Biscuit Assorted Fresh Fruit</p>	<p><b>25</b></p> <p>Steak Biscuit</p> <p>BBQ on Bun Corn on Cob Baby Carrot Sticks w Dressing Assorted Fresh Fruit</p>

<p><b>28</b>      <b>Managers Choice</b></p> <p>Pizza Tossed Spinach Salad Seasoned Baked Fries Assorted Fresh Fruit</p>	<p><b>29</b>      <b>Cinnamon Swirl Bread</b></p> <p>Creole Steak Mashed Potatoes Green Beans Wheat Rolls Assorted Fresh Fruit</p>	<p><b>30</b>      <b>Ham Biscuit</b></p> <p>Fish Nuggets Oven Roasted Taters Celery Sticks w/ Ranch Dressing Frozen Fruit Fiesta Hushpuppies Fresh Fruit</p> <p><i>Choice for Bag Lunches for early dismissal</i></p>	<table> <tr> <td><u>Breakfast</u></td> <td></td> <td><u>Lunch</u></td> <td></td> </tr> <tr> <td>Reduced Price:</td> <td>\$0.30</td> <td>Reduced Price:</td> <td>\$0.40</td> </tr> <tr> <td>Full Price:</td> <td>\$0.75</td> <td>Full Price:Elem.</td> <td>\$1.35</td> </tr> <tr> <td>Adult Price:</td> <td>\$1.80</td> <td>Secondary</td> <td>\$1.50</td> </tr> <tr> <td></td> <td></td> <td>Adult Price:</td> <td>\$3.00</td> </tr> </table> <p style="text-align: right;"><b>062A</b></p>	<u>Breakfast</u>		<u>Lunch</u>		Reduced Price:	\$0.30	Reduced Price:	\$0.40	Full Price:	\$0.75	Full Price:Elem.	\$1.35	Adult Price:	\$1.80	Secondary	\$1.50			Adult Price:	\$3.00
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